

## CACFP At-Risk Afterschool Meals Enrichment Week 1

Date	Activities
	<ul style="list-style-type: none"> <li>● National Geographic: Weird Nature Quiz. Go to the webpage and take the quiz to learn about weird things in nature. (science) <a href="https://kids.nationalgeographic.com/games/quizzes/quiz-whiz-weird-nature/">https://kids.nationalgeographic.com/games/quizzes/quiz-whiz-weird-nature/</a></li> <li>● Check out art at one of the most famous museums in the world, the “MET” or Metropolitan Museum of Art. Go to the time machine webpage here: <a href="https://www.metmuseum.org/art/online-features/metkids/time-machine">https://www.metmuseum.org/art/online-features/metkids/time-machine</a> Click on “Africa,” then click “PUSH.” Click on the pieces of art one at a time and go through the experiences in the right column (like listen, watch, discover, etc.). (art, history)</li> </ul>
	<ul style="list-style-type: none"> <li>● Learn how to make a time capsule! Go to the webpage. (various subjects) <a href="https://family.gonoodle.com/activities/how-to-make-a-time-capsule">https://family.gonoodle.com/activities/how-to-make-a-time-capsule</a></li> <li>● Inventions by Kids! Seed Launching Backpack. Go to the webpage and watch the video. (science, tech) <a href="https://thekidshouldseethis.com/post/seed-launching-backpack-a-3d-printed-pollinator-friendly-invention">https://thekidshouldseethis.com/post/seed-launching-backpack-a-3d-printed-pollinator-friendly-invention</a></li> </ul>
	<ul style="list-style-type: none"> <li>● Bone Strength video from NFL. Go to the webpage to learn how to increase bone strength through nutrition and exercise! (science, phys ed) <a href="https://family.gonoodle.com/activities/bone-strength">https://family.gonoodle.com/activities/bone-strength</a></li> <li>● Watch live footage of African Animals. Go to the webpage and click on “African Wildlife.” Write a list of animals you see, or draw them. (science, social studies) <a href="https://explore.org/livecams">https://explore.org/livecams</a></li> </ul>
	<ul style="list-style-type: none"> <li>● Storyline Online- <u>Oh the Places You’ll Go</u>, read by Michelle Obama. Go to the webpage and read along or listen to the book. (language arts) <a href="https://www.youtube.com/watch?v=nVpHc8wsRKE">https://www.youtube.com/watch?v=nVpHc8wsRKE</a></li> <li>● Kennedy Center: World of Music. Go to the webpage and learn about composers, music and orchestras from around the world and listen to the music. (art, social studies) <a href="https://www.kennedy-center.org/education/resources-for-educators/classroom-resources/media-and-interactives/media/music/ypc/a-world-of-music/">https://www.kennedy-center.org/education/resources-for-educators/classroom-resources/media-and-interactives/media/music/ypc/a-world-of-music/</a></li> </ul>
	<ul style="list-style-type: none"> <li>● UNICEF video: Song about handwashing showing people in countries around the world. Go to the webpage and watch the video. Then teach others about handwashing! (art, social studies) <a href="https://www.youtube.com/watch?v=0xprciOSg4c">https://www.youtube.com/watch?v=0xprciOSg4c</a></li> <li>● Spy Museum puzzle: Four Rotor Enigma Machine. Go to the webpage and click on “play” for the Four Rotor Enigma Machine Puzzle. (tech, history) <a href="https://www.spymuseum.org/education-programs/spy-resources/puzzles/">https://www.spymuseum.org/education-programs/spy-resources/puzzles/</a></li> </ul>
	<ul style="list-style-type: none"> <li>● K-3: Watch the video about Harriet Tubman, then click on an activity or quiz below the movie. (history, language arts) <a href="https://jr.brainpop.com/socialstudies/biographies/harriettubman/?_ga=2.81506644.277798122.1598322836-1349083136.1598322836">https://jr.brainpop.com/socialstudies/biographies/harriettubman/?_ga=2.81506644.277798122.1598322836-1349083136.1598322836</a></li> <li>● Grade 4-12: Watch the video about Fannie Lou Hamer, then click on an activity or quiz below the movie. (history, language arts) <a href="https://www.brainpop.com/socialstudies/famoushistoricalfigures/fannielouhamer/?_ga=2.119305546.277798122.1598322836-1349083136.1598322836">https://www.brainpop.com/socialstudies/famoushistoricalfigures/fannielouhamer/?_ga=2.119305546.277798122.1598322836-1349083136.1598322836</a></li> </ul>
	<ul style="list-style-type: none"> <li>● Fill up your plate with a balanced meal to blast off! Go to the webpage and click “play the game.” (science) <a href="https://www.fns.usda.gov/apps/BlastOff/BlastOff_Game.html">https://www.fns.usda.gov/apps/BlastOff/BlastOff_Game.html</a></li> <li>● TedEd: What Makes a Volcano Erupt? Go to the webpage and click on the video. (science) <a href="https://ed.ted.com/lessons/what-makes-volcanoes-erupt-steven-anderson">https://ed.ted.com/lessons/what-makes-volcanoes-erupt-steven-anderson</a></li> </ul>