

CACFP Afterschool Meals Enrichment Week 10

Date	Subject	Age	Activities
	History & Culture	All grades	<ul style="list-style-type: none"> • Create your own winter count. Read about these records of history used by some Indigenous American tribes. Then, do one of the “Alternate Activities”. https://www.nps.gov/articles/000/create-your-own-winter-count.htm • Check out art at the “MET”. The Metropolitan Museum of Art is one of the most famous museums in the world. Go to the time machine site below. Click on “Sports and Games,” then click on “PUSH.” Click on the art one at a time and go through create, watch, discover, etc. https://www.metmuseum.org/art/online-features/metkids/time-machine
	Language Arts	K-6 6-12	<ul style="list-style-type: none"> • Create a unique story! Go through the activity at Scholastic Story Starters! http://www.scholastic.com/teachers/story-starters/ • Scholastic Speech Writing. You have been elected President and they want to hear your vision. Other writers walk through how to build a speech. http://teacher.scholastic.com/writewit/speech/index.htm
	Science	All grades	<ul style="list-style-type: none"> • How does your immune system work? Watch the TEDEd video then write or discuss with someone what makes the immune system amazing: https://www.youtube.com/watch?v=PSRJfaAYkW4 • Oxygen’s surprisingly complex journey through your body! Watch the TEDEd video: https://thekidshouldseethis.com/post/oxygens-surprisingly-complex-journey-through-your-body-ted-ed
	SEL/Personal Enrichment	All grades	<ul style="list-style-type: none"> • Take a virtual tour of Yosemite! https://www.virtualyosemite.org/ • Take a ranger-led virtual tour of Hawai’i Volcanoes National Park! Go to the site and click “Play”. https://artsandculture.withgoogle.com/en-us/national-parks-service/hawaii-volcanoes/nahuku-lava-tube-tour
	Math & Logic	K-5 6-12	<ul style="list-style-type: none"> • Watch the video on Tally Charts and Bar Graphs. Then click on “Draw About It” and complete the activity. https://jr.brainpop.com/math/data/tallychartsandbargraphs/ • Watch the video “Real-Life Math”. A Chef talks about how she uses math to cook, run a catering business, and more! Get creative and find a recipe to make at home with your family. https://www.pbslearningmedia.org/resource/mkaet.math.rp.chef/real-life-math-chef/
	Social Studies	All grades	<ul style="list-style-type: none"> • Learn some basic facts about the United States. Click the link then dig deeper by scrolling to the bottom and clicking on one of the pictures under “More US History”. https://kids.nationalgeographic.com/explore/countries/united-states/. • Be a George Washington National Monument Junior Ranger! Click the link and try to solve the Spy Code. https://www.nps.gov/articles/000/george-washington-spy-code.htm
	Art/Phys Ed	All grades	<ul style="list-style-type: none"> • Draw a helicopter or ski boat! Go to Art for Kids Hub. Click on the video and follow along at https://www.artforkidshub.com/draw-helicopter/ or https://www.artforkidshub.com/draw-ski-boat/ • Get moving with Lateral Movements! Do these lateral movements to strengthen your muscles alongside Play360! Go to https://aha-nflplay60.discoveryeducation.com/videos. Click on the 2nd video “Lateral Movements”, then click play.